

WE ARE HERE TO HELP YOU.

UofL Dining has a variety of vegan and vegetarian options to ensure a well-balanced diet is available for everyone.

This guide showcases a variety of vegan and vegetarian options currently available to help meet the needs of the Cardinal community.

Look for the icons below to help identify important nutrition information on our menus.



Please visit the National Brands websites for the most updated information.
*Like any food plan, this should only serve as a general guideline for adults. These suggestions can be modified according to your own personal needs. This is not personal medical advice. Individuals with specific health needs should consult a registered dietitian or a medical professional knowledgeable about gluten nutrition.

For any nutrition questions or concerns.

Please contact UofL Dining at dining@louisville.edu

YOUR VOICE COUNTS!



Have feedback or questions?
Scan the QR code to share your thoughts.

CONNECT WITH US!



@uofldining

GUIDE UPDATED FALL 2025



VEGAN *and* VEGETARIAN

DINING GUIDE



UL OF | DINING SERVICES

THE VILLE GRILL












  **VEGAN & VEGETARIAN OPTIONS**

CHECK OUT OUR FRESH **VEGAN STATION**, HEIRLOOM.

The Ville Grill is your one-stop shop for a variety of options that fit your needs and preferences. A variety of legumes, nuts, seeds, and spreads are offered at the salad bar to complement entrees and sides with protein. Look for the vegan icon on our menu boards to easily find plant-based options!

RETAIL

 **SUBWAY**
Student Activities Center

-  White Bread
-  Nine Grain Wheat Bread
-  Classic Lay's Potato Chips
-  Oven-Baked Potato Chips
-  Flatbread
-  Vegimax Patty Sandwich
-  All Vegetable Toppings
-  Veggie Delight Sandwich (No Cheese)
-  SunChips
-  Italian Herb & Cheese Bread
-  Veggie Delight Sandwich

*Oil, vinegar, mustard, sweet onion sauce, and buffalo sauce are vegan. All condiments are vegetarian. Chopped salads are also available and made to order.

RETAIL

 **STARBUCKS**
Student Activities Center, Ekstrom Library, Health Science Campus

-  All Teas
-  Any Hot/Iced Beverage Made with Soy, Coconut, Oat, or Almond Milk*
-  All Beverages
-  Assorted Pastries
-  Old Fashioned Oatmeal
-  PB&J Protein Box
-  Egg White & Red Pepper Bites
-  Everything Bagel
-  Plain Bagel
-  Fruit Cup
-  Cinnamon Raisin Bagel
-  Spinach & Feta Egg Wrap
-  Cheese & Fruit Protein Box
-  Cheese Trio Protein Box
-  Eggs & Gouda Protein Box
-  Eggs & Cheddar Protein Box

*Excludes Pumpkin Spice, White Mocha, Caramel Brulee and Light Frappuccino. Hold the whipped cream, java chips, caramel drizzle, hazelnut drizzle, and cinnamon dolce powder.





 **CHICK FIL A**
Student Activities Center & Health Science Campus

-  Cool Wrap
-  Grilled Market Salad
-  Raspberry Vinaigrette
-  Fruit Cup
-  Waffle Potato Fries
-  Light Italian Dressing

*Waffle fries are fried in peanut oil and separate from meat products. Ordering the Cool Wrap and Grilled Market Salad without chicken makes them vegan.

RETAIL

 **PANDA EXPRESS**
Student Activities Center

-  Eggplant Tofu
-  Steamed White Rice
-  Chow Mein
-  Fried Rice
-  Super Greens
-  Veggie Spring Rolls
-  Cream Cheese Rangoons

*Vegetable based dishes contain vegetable base broth. All fried items, fried rice, and chow mein are cooked in the same oil as meat and cheese products.

RETAIL

 **EINSTEIN BROS. BAGELS**
Bingham Humanities Building

-  All Bagels*
-  Hummus Veg Out*
-  Kettle Chips
-  Egg & Cheese Sandwich
-  Yogurt Parfaits
-  Roasted Veggie Tostini
-  Shmear, Butter or Honey
-  Hummus
-  Fruit Cup
-  Soy Milk
-  Peanut Butter or PB&J Spread
-  Cheese Pizza Bagel
-  Spinach, Mushroom, & Swiss Egg Sandwich

*Excluding Asiago, Cinnamon Sugar, French Toast, and Honey Whole Wheat. Hummus Veg Out, exclude Garden Veggie Shmear. Many items can be made without meat upon request.

 Vegetarian

 Vegan




 **FRESHENS**
The Marketplace

-  Maui Mango Smoothie
-  Tropical Therapy Smoothie
-  Wild Strawberry Smoothie
-  Bangin' Berry Smoothie
-  Acai Energy Smoothie
-  Rice Bowls (Exclude Meat)
-  Salads (Exclude Meat)
-  Enter the Dragon Smoothie
-  Caribbean Craze Smoothie
-  Mango Me Crazy Smoothie
-  Goin' Green Smoothie
-  All Smoothies
-  Quorn® Meatless Products

*Core Food Platforms will be featured everyday and Featured Flips will rotate throughout the semester.



RETAIL

 **ZEN SUSHI**
The Marketplace


-  Sriracha Tofu Poke Bowl
-  Vegetable Maki
-  Milk Bubble Tea

RETAIL


 **EIFFEL PIZZA**
The Marketplace

-  Vegetarian Pizza
-  Cheese Pizza





RETAIL

 **DUTHIE DASH**
Duthie Center for Engineering

 **LOUIE'S CORNER**
Student Activities Center

 **P.O.D. MARKET**
Academic Building, Davidson Hall, University Tower Apartments

Our convenience stores carry a variety of vegan and vegetarian sandwiches, wraps, groceries, and snacks. Options may include but are not limited to:

-  Fresh Fruit
-  Protein Snack Bars
-  Grab-n-Go Snacks
-  Grab-n-Go Salads