



# JUST4U<sup>®</sup>

## PROTEIN PACKED

The Protein Packed category represents selections with greater than 6 grams of protein per serving (>6g pro/serving).

### OUR DIETITIAN'S PICKS JUST4U:

- AMY'S CHEESE ENCHILADAS
- BAREBELLS - CARAMEL + CASHEW BAR
- BIGS PUMPKIN SEEDS SIMPLY SALTED
- BLUE DIAMOND ALMONDS
- BUMBLE BEE TUNA SALAD & CRACKERS
- CHOBANI BLUEBERRY YOGURT
- CLIF ENERGY BAR
- CLIO GREEK YOGURT BAR
- HILLSHIRE SNACKING - SMALL PLATES
- JACK LINK'S BEEF JERKY
- KIND PROTEIN BAR
- KODIAK MUFFIN POWER CUP BLUEBERRY
- LENNY & LARRY'S COOKIE
- MET RX BARS
- MUSCLE MILK PROTEIN SHAKES
- NATURE VALLEY BAR
- ONE BIRTHDAY CAKE BAR
- ONE PB CUP BAR
- PANINO, PEPPERONI
- PLANTERS SALTED PEANUTS
- QUEST PEANUT BUTTER COOKIE
- QUEST PROTEIN CHIPS
- QUEST PROTEIN COOKIE
- ROBERT IRVINE'S FIT CRUNCH BAR
- RX BAR DARK CHOCOLATE PEANUT BUTTER
- RX BAR HONEY CINNAMON PEANUT BUTTER
- SABRA HUMMUS & PRETZELS
- SECOND NATURE - KETO CRUNCH SMART MIX
- SILK VERY VANILLA MILK
- SNAK CLUB TAJIN PEANUTS - CHILI + LIME
- SUSHIC- ALL AMERICAN SUSHI ROLL
- THE EATERY - CAESAR SALAD WITH CHICKEN
- THE EATERY - CHICKEN CAESAR SALAD WRAP
- THE EATERY- HUMMUS+VEGETABLE SANDWICH
- THE EATERY - OVERNIGHT OATS
- THE EATERY- YOGURT PARFAIT
- TILLAMOOK JERKY
- UNCRUSTABLES
- WONDERFUL PISTACHIOS





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## **CARB COUNTER**

The Carb Counter category represents selections with 15 grams of carbs or less per serving (<15g carb/serving).

### **OUR DIETITIAN'S PICKS JUST4U:**

- **BIGS PUMPKIN SEEDS SIMPLY SALTED**
- **BLUE DIAMOND ALMONDS**
- **BUMBLE BEE TUNA SALAD & CRACKERS**
- **CHOBANI BLUEBERRY YOGURT**
- **CLIO GREEK YOGURT BAR**
- **HILLSHIRE SNACKING - SMALL PLATES**
- **JACK LINKS BEEF JERKY**
- **MUSCLE MILK PROTEIN SHAKE**
- **NATURE VALLEY BAR**
- **OH SNAP PICKLES - BITES**
- **PANINO, PEPPERONI**
- **PLANTERS SALTED PEANUTS**
- **QUEST PB CUPS**
- **QUEST PROTEIN BARS**
- **QUEST PROTEIN COOKIE**
- **RIPVAN WAFELS SNICKERDOODLE**
- **SECOND NATURE - DARK CHOCOLATE MEDLEY**
- **SECOND NATURE - KETO CRUNCH SMART MIX**
- **SKINNY POP ORIGINAL POPCORN**
- **SLIM JIM JERKY**
- **SNACK CLUB TAJIN PEANUTS**
- **TILLAMOOK BEEF JERKY**
- **WONDERFUL PISTACHIOS**





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**GLUTEN-FRIENDLY**

The Gluten-Friendly category represents pre-packaged selections with the manufacturer stating "Gluten-Free" on the label. This means the manufacturer follows FDA standards, and the product has fewer than 20 ppm (parts per million) of gluten.

## **OUR DIETITIAN'S PICKS JUST4U:**

- **THAT'S IT FRUIT BARS**
- **RX BAR DARK CHOCOLATE PEANUT BUTTER**
- **RX BAR HONEY CINNAMON PEANUT BUTTER**
- **ROBERT IRVINE'S FIT CRUNCH PEANUT BUTTER**
- **ROBERT IRVINE'S FIT CRUNCH MILK+ COOKIES**
- **RX BAR CHOCOLATE SEA SALT**
- **RX BAR BLUEBERRY**
- **KIND PROTEIN- PEANUTBUTTER DARK CHOCOLATE**
- **KIND BAR - CARAMEL ALMOND & SEA SALT**
- **KIND BAR CRANBERRY ALMOND**
- **TILLAMOOK - ZERO SUGAR ORIGINAL**
- **DUKE'S HOT & SPICY SAUSAGES**
- **GARDEN VEGGIE STRAWS - SCREAMIN' HOT**
- **RICEWORKS RICE SNACK - SWEET CHILI**
- **NAKED DRINK - STRAWBERRY BANANA**
- **NOKA SUPERFOOD SMOOTHIE CHERRY ACAI**
- **OH SNAP PICKLES - BITES**
- **CHOBANI BLUEBERRY YOGURT**
- **CLIO GREEK YOGURT BAR**
- **PANINO, PEPPERONI**
- **SILK VERY VANILLA MILK**
- **SMARTFOOD - WHITE CHEDDAR POPCORN**
- **AMY'S CHEESE ENCHILADAS**
- **FRESH FRUIT - PEACHES, PEARS, PLUMS, BANANAS & APPLES**





**JUST4U**®  
VEGAN

The Vegan category represents pre-packaged selections with the manufacturer stating "Vegan" on the label, or has been verified "Vegan" via the manufacturer. Vegan choices have been prepared without animal products.

## OUR DIETITIAN'S PICKS JUST4U:

- BABY CARROTS
  - BIGS PUMPKIN SEEDS
  - LENNY & LARRY'S COOKIE
  - NAKED JUICE
  - NOKA SUPERFOOD SMOOTHIE - CHERRY ACAI
  - RICEWORKS RICE SNACK- SWEET CHILI
- SABRA HUMMUS SNACKER
  - SILK ALMOND MILK
  - SILK SOY MILK
  - WONDERFUL PISTACHIOS
  - FRESH FRUIT - PEACHES, PEARS, PLUMS, BANANAS & APPLES

