

School Health Advisory Board (SHAB) Meeting Agenda



Date: April 24, 2026

Time: 8:30 am - 9:30 am

Location: PES Room D200

Note Taker: Keeley Sullivan

Participant Names: Andrew Roberts, Micheal Dubose, Irene Winchester, Kim Gryszko, Susan Hardouin, Angie Belvin, Keeley Sullivan, Jen Barnes, Tina Wolf

Google Link if needed: SHAB Meeting Link if needed

Friday, April 24, 2026 · 8:30 – 9:30am

Video call link: <https://meet.google.com/tcf-zjqp-pey>

Welcome and Introductions- Andrew Roberts

- **Rev Your Bev Presentation- Andrew Roberts -**

A slide presentation for Rev your Bev was conducted by Denise Chargy and Peyton Wiggins to increase access to and promote water consumption.

- **Nurse Report - Nurse Belvin-Update on Mammogram Van -**

The mobile mammogram van will be May 26th.

All seniors who need CPR training to graduate have been trained except 2.

- **Physical Education Update-Jenn Barnes-**

May is stroke awareness month [link](#) .

The VDOE PE Supervisor for the update Fitness Assessment in response to the President declaring a return to Presidential Fitness Standards motto is Every Student Stronger to build health literacy.

Fitness scores will be requested soon from PES, PMS and PHS PE teacher

PE is using Mastery Connection to assist with scores.

- **Student Services - Susan Hardouin -**

Susan attended the Children's Behavioral Health Provider Network. A Compendium of Child and Adolescent Wellness Indicators was updated for 2026 [A Compendium of Child and Adolescent Wellness Indicators | 2026 Updates](#)

April 30th Heather Worthen will be attending a meeting on Measles.

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- **Food Services: Tina Wolf-**
Menus have been updated for the 26/27 School Year.
Should whole milk be included on the menu?
10. **Next Steps/Action Items:**
Follow up with the 2 seniors who require CPR training
Review and determine including whole milk as an option
See you at next year's SHAB Meetings!