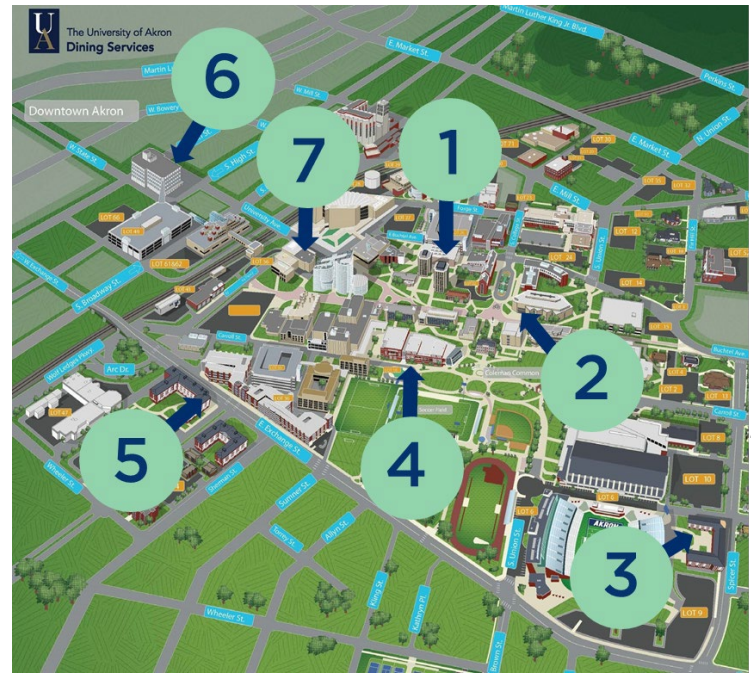


Where can I use my Meal Swipes on campus?

All meal plans at The University of Akron include a number of meal swipes that may be used throughout the entire semester. One meal swipe, per meal period may be used at Rob's Café or at any Meal Exchange location for meal solution. Meal Exchange locations include Zee's, Starbucks, Union Market, Einstein Bros. Bagels, Freshens, P.O.D Express, Polsky Express, Sufficient Grounds, and Chick fil A (Saturday only). *Meal Exchange locations are subject to change. Dunkin' and Rooberry coming soon!



ROB'S CAFÉ
MEAL PERIODS
BREAKFAST - 7 A.M. TO 10:45 A.M.
BRUNCH - 9 A.M. TO 1 P.M.
LUNCH - 11 A.M. TO 3:45 P.M.
DINNER - 4 P.M. TO 8 P.M.
LATE NIGHT - 9 P.M. TO 11 P.M.

RETAIL
MEAL PERIODS
BREAKFAST - 8 A.M. TO 11 A.M.
LUNCH - 11 A.M. TO 4 P.M.
DINNER - 4 P.M. TO 9 P.M.
LATE NIGHT - 9 P.M. TO 11 P.M.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. ROBERTSON DINING HALL							
ROB'S CAFÉ	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BRUNCH LUNCH DINNER LATE NIGHT	BRUNCH LUNCH DINNER LATE NIGHT
ZEE'S	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT
2. BIERCE LIBRARY							
STARBUCKS	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH			
3. SPICER RESIDENCE HALL							
ZEE'S	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT
4. JEAN HOWER TABER STUDENT UNION							
UNION MARKET	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT		
EINSTEIN BROS. BAGELS	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH		
FRESHENS	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER			LUNCH DINNER
QDOBA	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS		
CHICK FIL A	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	LUNCH	
PANDA EXPRESS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS	ACCEPTS DINING DOLLARS		
ROOBERRY	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH		
DUNKIN'	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH	LUNCH DINNER
5. EXCHANGE STREET RESIDENCE HALL							
ZEE'S	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	BREAKFAST LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT	LUNCH DINNER LATE NIGHT
6. POLSKY BUILDING							
P.O.D. EXPRESS	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH		
STARBUCKS	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH		
POLSKY EXPRESS	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH	BREAKFAST LUNCH		
7. BLAKE MCDOWELL LAW CENTER							
SUFFICIENT GROUNDS	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER	BREAKFAST LUNCH DINNER			



MEAL EXCHANGE MENU

FRESHENS

Crepes

- Nashville Hot
- Denver with Bacon
- Egg White Florentine
- Tomato, Cheese & Basil
- Southwest
- Pesto Chicken
- BBQ Chicken
- Chipotle Chicken Melt
- Chicken Bacon Ranch
- Perfect Pair

Rice Bowls

- Thai Chicken
- Mexican or Meatless Mexican
- Buffalo Chicken
- KC BBQ
- Baja Queso
- Frito Grande
- Power Protein
- CYO Meal Exchange Special

Salads

- Southwest Chipotle
- Avocado Cobb
- Harvest
- Caesar

Regular Smoothies

- Bangin Berry
- Caribbean Craze
- Lucky 7
- Lime Berry
- Mango Me Crazy
- Maui Mango
- Orange Sunrise
- Peach on the Beach
- Tropical Therapy
- Acai Energy
- Berry Burn
- Goin Green
- Peanut Butter Protein
- Super C Immune Support
- Super Fuel

CHICK-FIL-A

(Available Saturday only 11am-4pm)

Meal Exchange served with waffle fries and 24 oz fountain drink

- Original CFA Sandwich Spicy CFA Sandwich
- Grilled CFA Sandwich
- 8 CT Nugget
- 8 CT Grilled Nugget

SUFFICIENT GROUNDS

- Flatbread Pizza with 16.9oz bottled water
- Mac & Cheese with 16.9oz bottled water
- Sandwich with small chips and 16.9oz bottled water
- Salad with 16.9oz bottled water
- Yogurt Parfait with choice of regular coffee or 16.9oz bottled water

STARBUCKS

Meal Exchange is served with choice of a Tall brewed coffee, iced coffee, hot tea, milk, or juice

- Bagel & Cream Cheese

ZEE'S & POD EXPRESS

Meal Exchange is served with choice of 10 oz juice, 16.9 oz bottled water, or medium coffee, unless otherwise noted. Fountain drinks are not available at Zee's Spicer or POD Express. A 16.9oz bottled water is included at those two locations.

- Jimmy Dean Breakfast Sandwich
- Muffin (Otis Spunkmeyer) with pint of milk
- Yogurt Parfait
- Fruit Cup
- Veggies & Hummus
- Clif Bar with small chips or whole fruit and 24oz fountain drink or 16.9oz bottled water
- Lunchables Fun Pack
- Uncrustable with small chips and 24oz fountain drink or 16.9oz bottled water
- Fruit & Cheese Box with 24oz fountain drink
- Mac & Cheese Cup with 16.9oz bottled water or 24oz fountain drink
- Ramen Bowl with 24oz fountain drink or 16.9oz bottled water
- Milk and Cookies with pint of milk
- Cereal Cup with pint of milk
- Amy's Burrito with 24oz fountain drink or 16.9oz bottled water - Gluten Free option available
- Sandwich with small chips or whole fruit and 24oz fountain drink or 16.9oz bottled water
- Salad with small chips or whole fruit and 24oz fountain drink or 16.9oz bottled water
- Personal Pizza with small chips or whole fruit and 24oz fountain drink or 16.9oz bottled water
- Movie Night with microwave popcorn, regular size candy, and 24oz fountain drink (Zee's Rob's and Exchange only)
- Cram Session with choice of Rockstar or Celsius and 5oz or less candy

POLSKY EXPRESS

- Grilled Cheese with choice of small chips or mac & cheese and 24oz fountain drink
- Italian Panini with choice of chips or mac & cheese and 24 oz fountain drink
- All Beef Hot Dog with choice of small chips or mac & cheese and 24oz fountain drink
- Walking Taco with 24oz fountain drink
- 3 Piece Chicken Tender with choice of small chips or mac & cheese and 24oz fountain drink
- Flatbread Pizza with 24oz fountain drink
- Chicken Bacon Ranch Wrap with small chips and 24oz fountain drink

DUNKIN'

- 2 Donuts and Small Coffee
- Breakfast Wrap and Small Coffee

ROOBERRY

- Acai bowl and choice of Bubly or Bottled Water
- Any Iced Tea Fusion, Natural Energy Boosted Smoothie, Quencher, or Protein Shake with Add-on

UNION MARKET

EINSTEIN BROS. BAGELS

(Available Monday - Friday 8am-1pm)

Meal Exchange is served with choice of Single Egg Sandwich, Avocado Toast or Classic Bagel with 24oz fountain drink, medium coffee or 10oz bottled juice

- Bacon & Cheddar
- Turkey Sausage & Cheddar
- Ham & Swiss
- Egg & Cheddar
- Santa Fe
- Bacon, Avocado and Tomato
- Garden Avocado
- Avocado Toast
- Classic Bagel and Choice of Topping

B+F

Meal Exchange is served with one B+F option, choice of regular or ranch fries, and 24oz fountain drink

- Burger + Cheese
- Burger + Bacon + Cheese +Avocado + Pepper Jack
- Chipotle Black Bean Burger + Cheese
- 3 Piece Chicken Tenders
- Plant Protein Nuggets
- Philly Cheesesteak
- Philly Chicken Cheesesteak
- Patty Melt
- Grilled Cheese
- Mozzarella Sticks
- B+F Wrap
- B+F Limited Time Offer

LATE NIGHT AT B+F

(Available during Late Night 9pm -11pm)

Meal Exchange is served one B+F option, tater tots and 24oz fountain drink

- 5 Piece Boneless Wings
- Patty Melt
- Sausage, Egg & Cheese Sandwich
- French Toast Sticks
- Mozzarella Sticks

THE SPREAD

Meal Exchange is served with sandwich, side and beverage. Side options include bag of chips, whole fruit or cookies. Beverage options include 24oz fountain drink or 10oz juice.

- Four Cheese
- Ham & American
- Turkey & Swiss
- Tuna Salad
- Italian
- Roast Beef & Cheddar
- Chicken Caesar Wrap
- Buffalo Chicken Sub
- Artichoke Red Pepper Sub
- Chicken Parmesan Sub
- Meatball Sub
- The Spread Limited Time Offer

LATE NIGHT AT THE SPREAD

(Available during Late Night 9pm-11pm)

Meal Exchange is served one entrée, side and beverage. Side options include bag of chips, whole fruit or cookies. Beverage options include 24oz fountain drink or 10oz juice

- Flatbread -Chicken Bacon Ranch, Cheese, Pepperoni, or Deluxe
- Quesadilla -Chicken, Cheese, or Vegetable
- Walking Taco

MARKET SALAD BAR

Meal Exchange served with 24oz fountain drink or 10oz juice

- Large CYO Salad (Includes 4oz choice protein)
- Small Mac & Cheese and Salad
- Small Soup and Salad (seasonal)