

1 CHOOSE A MEAL

BOWL

1 Entree + Side(s)
280-1130 cal \$8.60

PLATE

2 Entrees + Side(s)
430-1640 cal \$10.20

BIGGER PLATE

3 Entrees + Side(s)
580-2150 cal \$11.80

2 CHOOSE SIDES

VEGETABLES

Super Greens 130 cal

NOODLES

Chow Mein 600 cal

RICE

Fried Rice 620 cal
White Rice 520 cal

A LA CARTE 130-1240 cal
Medium \$4.60 Large \$5.60

3 CHOOSE ENTREES

FAVORITES

The Original Orange Chicken® 510 cal 🌶️

Beijing Beef® 470 cal 🌶️

PREMIUM + \$2.80

Honey Walnut Shrimp 430 cal

Black Pepper Sirloin Steak 180 cal 🌶️

WOK SMART

300 CALORIES OR LESS AND AT LEAST 8G OF PROTEIN

Broccoli Beef 150 cal

Grilled Teriyaki Chicken 275 cal

A LA CARTE 150-1530 cal

Small \$5.40 Medium \$8.70 Large \$11.40

PREMIUM A LA CARTE

Small \$6.90 Medium \$11.70 Large \$15.90

4 EXTRAS

APPETIZERS 150-240 cal \$1.00 - \$6.20

DRINKS



Fountain 0-570 cal \$2.20

BOTTLES

Water \$2.40

Drinks \$2.40 - \$2.80

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional information available upon request.