

# Dining with Dietary Accommodations at Regis College

The team at Regis Dining Services believes all students should have access to nutritious, tasty meals. Students with dietary accommodations can pre-order their meals in our GrubHub app for pick-up at the Regis Café.

Meals prepared for students with dietary accommodations require individual preparation and cooking. Therefore, this service is only available for students who have registered with the [Office of Accessibility Services](#).

Email [accessibilityservices@regiscollege.edu](mailto:accessibilityservices@regiscollege.edu) to register your dietary accommodation.

Once registered you will receive an email with a QR Code and link to access the Regis Café menu where you can pre-order your meal on GrubHub. To order, follow the steps below.

## Download the GrubHub App using the QR listed here.

1. Download the GrubHub mobile app.
2. Use the QR Code and link for accessing the Accommodation Menu.
3. The Regis Café menu changes daily for each meal period. Please be sure to visit [regis.mydininghub.com](https://regis.mydininghub.com) to see today's offerings before ordering.
4. Return to the app, choose your selection from list of menu options and identify all allergies
5. We will modify the selected menu item based on the information you supply regarding your dietary restriction.
6. For example, if you have a gluten and dairy restriction and order Chicken Parmesan, we will prepare a special plate of Chicken Parmesan using gluten free breadcrumbs, no cheese and gluten free pasta.
7. Meals will be produced based on the availability of substitute ingredients in our kitchen.
8. Place your order and proceed to the Regis Café in the upper Student Center.
  - a. Notify the station attendant at the Hot Entrée – Foodology station of your name and your order will be retrieved.
  - b. The pre-order app reduces wait time and ensures your dietary restrictions are communicated correctly to our staff. Please allow at least 30 mins for prep and production time after order is placed.
9. Enjoy your meal!



## Daily Available Menu Items

- While our menu rotates daily, we always offer a selection of favorites including, grilled chicken, gf pasta, plain pasta, steamed rice and beans.
- These items are available to you at each meal period.

Additionally, we recommend that you contact us for a guided tour of your dining options and bring any questions regarding menu selections, mobile app usage or other dining concerns.

We do our very best to provide safe meal for our customers. Aramark relies on our vendors' allergy warning and ingredient substitution, recipe revisions and cross-contact with allergens is possible. Aramark cannot guarantee that any food item will be completely free of allergens.