



Ingredients:

- 2 medium sweet potatoes
- 1 tbs olive oil
- Salt
- Pepper
- Other desired spices

Baked Sweet Potato Fries

Prep time: 10 min | Total Time: 35 min | Serves: 2

Directions:

1. Preheat oven to 400 degrees.
2. While oven is preheating, cut sweet potatoes into match sticks 1/2 inch wide.
3. Add sweet potatoes, oil and seasonings into bowl. Toss to coat.
4. Spread fries out onto baking sheet.
5. Bake until crispy on the bottom, about 13-15 minutes.
6. Flip and cook for an additional 10-12 minutes.
7. Enjoy!