

Menta Sept. 2026



ACE'S CORNER

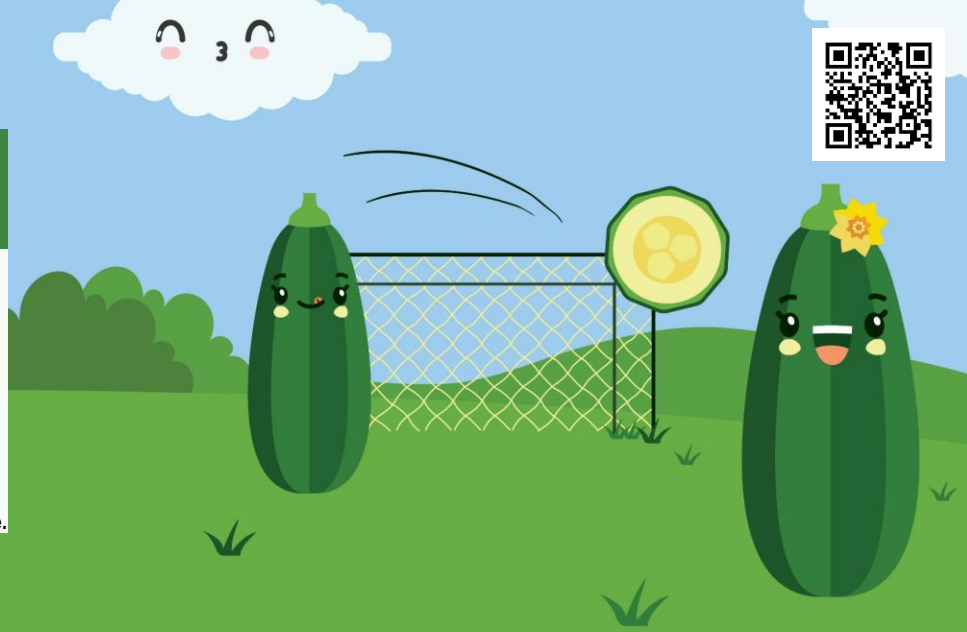
Daily Breakfast Offerings:

Fruit or Juice & Milk

Daily Lunch Offerings:

Fruit, Vegetables & Milk

Menu subject to change without notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chocolate Crescent Fruit Juice Cheeseburger Refried Beans Pears <i>HS – Baby Carrots & Craisins</i>	Bosco Stick Applesauce Popcorn Chicken Cooked Carrots Peaches <i>HS – Celery & Orange</i>	Powdered Sugar Donut Holes Banana Half Beef Tacos Spiral Fries Applesauce <i>HS – Tossed Salad & Raisins</i>	Sausage Pancakes on a Stick Apple Juice Cheese Pizza Tossed Salad Apple Slices <i>HS – Broccoli & Applesauce</i>
No School	Bagel With Jelly Fruit Juice Chicken Patty Sandwich Cooked Carrots Pears <i>HS – Waffle Fries & Craisins</i>	Bacon Breakfast Pizza Applesauce Confetti Pancakes & Cheese Omelet Crinkle Fries Peaches <i>HS – Cauliflower & Orange</i>	Strawberry Pancake Puffs Banana Half Garlic Pull Apart Celery Applesauce <i>HS – Broccoli & Raisins</i>	Glazed Donut Apple Juice Pepperoni Pizza Tossed Salad Apple Crisps <i>HS – Red Peppers & Applesauce</i>
Mini Trix French Toast Apple Slices Popcorn Chicken Baked Beans Fruit Mix <i>HS – Celery & Applesauce</i>	Mini Cinni Fruit Juice Cheeseburger Cooked Carrots Pears <i>HS – Ruby Rush Juice & Craisins</i>	Yogurt & Grahams Applesauce Chicken Patty Sandwich Celery Peaches <i>HS – Tossed Salad & Orange</i>	Blueberry Waffles Banana Half Chicken & Waffles Spiral Fries Applesauce <i>HS – Baby Carrots & Raisins</i>	Powdered Sugar Donut Holes Apple Juice Cheese Pizza Tossed Salad Apple Slices <i>HS – Broccoli & Applesauce</i>
Bacon Breakfast Pizza Apple Slices Bosco Sticks Celery Fruit Mix <i>HS – Cucumber & Applesauce</i>	Chocolate Crescent Fruit Juice Chicken Tenders Cooked Carrots Pears <i>HS – Waffle Fries & Craisins</i>	Bosco Stick Applesauce Rib Sandwich Crinkle Fries Peaches <i>HS – Zucchini & Orange</i>	Confetti Waffles Banana Half Chicken Patty Sandwich Baked Beans Applesauce <i>HS – Celery & Raisins</i>	Sausage Pancake on a stick Apple Juice Pepperoni Pizza Tossed Salad Apple Crisps <i>HS – Broccoli & Applesauce</i>
Yogurt & Grahams Apple Slices Cheeseburger Celery Fruit Mix <i>HS – Ruby Rush & Applesauce</i>	Mini Trix French Toast Fruit Juice French Toast & Scrambled Eggs Waffle Fries Pears <i>HS – Cauliflower & Craisins</i>	Strawberry Pancake Puffs Applesauce Chicken patty Sandwich Baked Beans Peaches <i>HS – Crinkle Fries & Orange</i>		

SQUASH

HUNGER WITH THIS POWERHOUSE VEGGIE!

Zucchini, known as a courgette in Europe, is a summer squash belonging to the cucurbita pepo species. Zucchini grows best in the summer though they are available all year long. Zucchini are a healthy addition to any meal since they are fat and cholesterol free, low in sodium, and rich in vitamins and minerals. The World's Largest Zucchini was grown in Devon, UK and measured 69.5 inches long at a weight of 65 pounds. Ranging in color from a dark green to a golden yellow, zucchini's relatives include pumpkins and gourds—making it the perfect introduction to fall.



ACE'S JOKE OF THE MONTH

Q. WHY IS IT A BAD IDEA TO TELL SECRETS IN A CORNFIELD?

SEE ANSWER BELOW



DID YOU KNOW?

ZUCCHINI CAN GROW TO THE SIZE OF A BASEBALL BAT!

But when it comes to taste, bigger is not better! Typically zucchini are harvested at about 6-8 inches.

ZUCCHINI FLOWERS ARE EDIBLE!

Each zucchini plant has a flower sprout on top which is totally safe to eat—if you dare!



ACTIVITY: SLICE AS NICE.

Be sure to eat your greens! These fruits and veggies are all delicious additions to your diet.

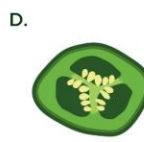
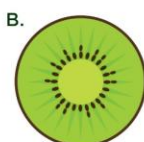
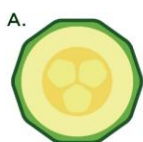
MATCH THE FRUITS AND VEGGIES TO THEIR SLICES.

SEE ANSWER BELOW

BONUS

IN A PICKLE... Which of these is typically used to make pickles?

SEE ANSWER BELOW



1. JALAPEÑO



2. PAPAYA



3. LIME



4. CUCUMBER



5. STARFRUIT



6. ZUCCHINI



7. KIWI